



To: Residents and Staff
 From: Nadia N. Geigler, CEO *Nadia*
 Date: Tuesday, January 19, 2021
 Re: COVID-19 Prevention and Protection

COVID Count

| ACTIVE cases | |
|--------------|-------|
| Residents | Staff |
| 0 | 1 |

| RECOVERED cases | |
|-----------------|-------|
| Residents | Staff |
| 25 | 42+7 |

" +7" refers to a non-staff provider

Vaccine and The Admiral

Last week we had an opportunity to “meet” as a community via our closed-circuit TV station and notes that followed. The meeting was focused exclusively on the vaccine and our community. Notes have been distributed to residents at this point but there is information that would be helpful for staff and for family members of Harbors’ residents as well. Some of the most helpful information is included below.

- Clinic day #2 is set for 01/27/2021. One this day we are expecting to administer 400-500 vaccines to:
 - IL residents – this will be their first dose
 - Staff coming for their second dose
 - Staff interested in their first dose
 - Harbors residents for their second dose
 - Harbors residents interested in their first dose
- For those who are receiving their first dose on 01/27/2021, please plan now to be available on 02/24/2021 for your second and final dose. For the vaccine to be fully effective, you will need both doses appropriately spaced out.
- About a third of staff and more than 95% of Harbors residents took the vaccine on clinic day #1.
- We currently have about 95% of IL residents signed up to receive their first dose on 01/27/2021.
- The vaccine does not protect from contracting and spreading the virus. You can be vaccinated and still be infected with COVID and transmit COVID to others. What the vaccine does do is protect you from the virus by teaching your body how to fight the virus. The vaccine helps to avoid severe side effects caused by the COVID virus.
- Some side effects are normal after receiving a dose of the vaccine and usually last no more than 24-48 hours. Side effects most common are slight fever, body aches, headache, fatigue and/or sore arm. It is also possible to have no side effects after receiving a dose. If you have mild symptoms like the ones listed above, these are likely side effects of the vaccine and a sign that the vaccine is working.
- We are working with Walgreens who is providing the Moderna vaccine.

- Everyone who receives the vaccine will be given documentation to show proof of vaccination. This vaccination card will be complete after your second dose and you will hold onto your own card between doses.

What To Expect on Vaccination Day:

- Some wait times. We'll do our best to move it along considering the number of people participating and the need for social distancing.
- Everyone who has completed the informed consent will receive soon information about your assigned time frame for administration of the vaccine. Please come during this assigned time block only.
- Please wear a short-sleeved shirt for easy access to your shoulder.
- For IL residents and staff only: Check-in and waiting area will be the 6th floor elevator lobby. Vaccines will be administered in the Waterfront.
- For Harbors residents only: Vaccines will be administered in your unit.
- Please be prepared to wait a minimum of 15 minutes after receiving your vaccine for monitoring.

If you are eligible to receive the vaccine as part of the upcoming clinic day and you still are not sure if you should take it, please reach out to Mark Dubovick, Angela Jalloh or me. We'd be happy to talk through your options and be helpful if we can in helping you find answers to your questions.

cc: Megan Callahan, HealthPro
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director
Pamela Winkler, Rainbow Hospice