



To: Residents and Staff
From: Nadia N. Geigler, CEO *Nadia*
Date: Thursday, April 22, 2021
Re: COVID-19 Prevention and Protection

COVID Count

ACTIVE cases	
Residents	Staff
0	0

RECOVERED cases	
Residents	Staff
25	46+7

"+7" refers to a non-staff provider

Coming out of COVID

We have had our own conversations as a community and as leadership about how we come out of COVID. Along the same vein, more recently we were introduced to a man named Manuel Martinez who works for WBEZ/Chicago Public Radio. Manuel is a photojournalist who would like to do an uplifting piece highlighting the ways in which a community like ours is "coming out of COVID." Manuel has chosen to feature The Admiral community and some who live, work and visit here. We are so pleased that Manuel has chosen The Admiral at the Lake for this piece.

Manuel will be here in our community at various points over the coming weeks taking pictures of activities and interactions (in all cases with the advanced consent of those being photographed and/or their Power of Attorney). He will be here for a large part of this coming Monday, in fact.

Manuel is especially interested in capturing some of the "firsts" – the first time a resident and their family get to visit in person as one example – or some of the creative ways we are working around COVID restrictions and realities. If you have an idea for something he could photograph, please reach out to me. And, in the meantime, if you see a person around here with a pretty serious looking camera, feel free to welcome Manuel to The Admiral.

More (Good) Changes

We are happy to announce that Harbors' residents are now able to use most common spaces located on the IL side of the community including spaces like the Fitness Center, living room, library, The Gathering Room and the Lighthouse Lounge to name a few! It has been a long time since this was possible and we're grateful to be opening back up in this way.

For Harbors' residents specifically, the only spaces in the community that still have some limited availability are The Bistro and The Waterfront. Because of current guidance, Harbors residents are very welcome to come through The Bistro for take out or pick up from either The Bistro or The Waterfront menus. At this time, Harbors residents are not able to dine in either The Bistro or The Waterfront. We hope that will change soon and will let you know when that time is.

Recently we were able to expand meal service in The Harbors to include a bit more seating in the 11th floor dining room. The additional seating makes it possible for residents dining in the space to

linger in conversation with one another and with staff without interfering with access to the same space by other residents.

Vaccine Availability

If you are interested in receiving the Moderna vaccine this coming Monday, April 26, please reach out to Mark Dubovick. You can email him at mdubovick@admiral.kendal.org or leave a message at 773-654-5121.

cc: Megan Callahan, HealthPro
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director
Pamela Winkler, Rainbow Hospice