



To: Residents and Staff
 From: Nadia N. Geigler, CEO *Nadia*
 Date: Thursday, April 1, 2021
 Re: COVID-19 Prevention and Protection

COVID Count

ACTIVE cases	
Residents	Staff
0	0

RECOVERED cases	
Residents	Staff
25	46+7

"+7" refers to a non-staff provider

Visitation Guidelines for The Harbors

Guidance for visitations in The Harbors has changed. Below is very details information about what to expect and what is expected for those involved in Harbors visits. For the safety and wellbeing of the people in this community and for the community as a whole, it is very important that we together step into this new phase correctly. If a visitor fails to comply with any regulation or procedures, they will be asked to leave immediately and could possibly be restricted from future visits. Please read the following carefully and reach out if you have any questions.

General Guidelines for Harbors' Visitors

- Outdoor visits are preferred and recommended, both by public health and The Admiral. Visitors can bring their resident from the resident's unit directly to the Harbors outdoor patio only for the visit. Please do not go to other outdoor spaces.
- Indoor visits should only happen in the resident's unit. Visitors are not allowed in common areas including, but not limited to, the dining areas, living rooms, Bistro, library or Solarium.
- Visitation access may be paused or suspended depending on Admiral case status or local area case status. If this happens, we will let you know and project where we can the return of visitation dates.
- Guidelines are subject to revision or mitigation measures as enforced by IDPH and/or CDPH.
- Residents will be limited to two visitors at a time.
- Children can visit as long as they are supervised by an adult visitor and the child can follow all guidelines including staying in the designated area and wearing a mask properly.
- Visitors may sign up for one visit per day during specified times.
- Residents may have multiple visits per day from different visitors. Visitors may visit more than one resident per day but must sign up for each visit individually.
- Visits are scheduled for a one-hour duration.
- Visits must be planned and scheduled in advance via a sign-up link. Contact Kim Kohler (kkohler@admiral.kendal.org) for more information.
- If a visitor has a fever, symptoms of COVID, confirmed COVID test or exposure in the last 14 days, the visitor will not be allowed access into the community.
- Out of town visitors are permitted as long as they are in compliance with the city of Chicago Emergency Travel Order. For information on that order, please visit this website: <https://www.chicago.gov/city/en/sites/covid-19/home/emergency-travel-order.html>.

- Hand hygiene, face covering and social distancing are key in infection control measures and need to be followed at all times.
- During a visit and only if the resident is fully vaccinated (this means they are at least two weeks removed from their final dose of the COVID vaccine), the resident and their guest can choose to have close contact, including touch with the visitor while wearing a well-fitting face mask and performing hand hygiene just before and just after contact with the resident.
- If a resident is not fully vaccinated, then a 6-foot distance must be maintained at all times and any physical contact is prohibited.
- Visitors are not permitted to visit with any other resident with whom they do not have a pre-scheduled visitation appointment.

Visitation Procedure for Harbors

In advance:

- Using the sign-up information provided by Kim, visitors will sign up for a scheduled visit. A confirmation email will be sent to the visitor once they have signed up for a visit.
- Each visitor will receive an email with a prescreening questionnaire 24 hours in advance or the visit. Completion of this questionnaire 24 hours in advance of the visit is required by all visitors or the visit will be canceled.

Day of:

- Visitors will be screened upon entering the community and will be given a visitor's badge.
- Visitors must go directly to the resident's unit and cannot be in any common areas.
- Visitors need to perform hand hygiene upon their arrival to the Harbors' floor they are visiting.
 - 7th floor – alcohol-based hand rub is located near the dining room
 - 8th and 9th floors – each resident room has alcohol-based hand rub in their unit
 - 10th, 11th and 12th floors – alcohol-based hand rub is located on the table opposite from the elevators
- By the end of the scheduled visit, the visitor must leave the unit. The visitor should practice hand hygiene as they leave the resident's unit/floor and must go directly exit the community.

Infection Control Procedures

- Each visitor will need to perform hand hygiene when entering the community and throughout their stay. Alcohol-based hand rub is located at the entrance and on each floor.
- All visitors need wear a mask at all times. Masks will be provided in the lobby as the visitor arrives to the community.
- Social distancing must be maintained at all times between all visitors, residents and staff.
- Eating and drinking are not permitted during the visit by either party.
- Visitors may only go to permitted areas (resident unit/6th floor Harbors Patio).

Exceptions

If resident has symptoms of COVID-19 or a confirmed COVID-19 test or is on COVID-19 transmission-based precautions (new/readmitted residents who are not fully vaccinated), visitation is limited to only specific circumstances. Please contact Kim Kohler for more information.

cc: Megan Callahan, HealthPro
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director
Pamela Winkler, Rainbow Hospice